



PARTICIPATE HERE!

Contact local gym for participation details.

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UVic Carsa	Victoria
Project	Abbotsford
BoulderHouse	Victoria
Coastal Climbing	Surrey
The Cube	Nelson
WIP	Courtney
Gniess	Kelowna
Base5	Coquitlam
Base5	North Vancouver
Ground Up	Squamish
Spirit Rock	Kimberly
Beyond the Crux	Kelowna
The Hive	Surrey
The Hive	Vancouver
The Hive	North Shore
Project Cloverdale	Surrey
SFU Recreation	Burnaby
Cliffhanger	Vancouver
Romper Room	Nanaimo
The Rock Garden	Vernon
The Rock Wall	Maple Ridge
Brentwood College	Mill Bay
The Boulders	Central Saanich
Cumberland Rec	Cumberland
Powell River Coop	Powell River
North Island Secondary	Port McNeill
Cowichan Climbing Academy	Duncan

CLIMBING DAY IN BC





MORNING SESSION

9:00-11:30AM

You are invited to discover the benefits of climbing and explore the opportunities for engaging in climbing as a school activity.

Registration at your local gym encouraged - Walk-ins Accepted

\$20 to participate



For Youth and Families

AFTERNOON SESSION

12:00-4:00PM

You are invited to spend the day immersed in the fun and excitement happening at your local climbing gym.

Learn the basics of climbing and discover the variety of programs offered.

1/2 Price Entry

DID YOU KNOW?

Climbing makes you strong

for the mind. body and heart **Climbing creates** connections

Climbing involves strategic thinking and problem solving

Climbing is a great way to cross train

Climbing is good

Climbing will be a new sport in the 2020 Olympics

For Everyone!

EVENING CLIMB-A-THON

5:00-9:00PM

Join climbers in your community to help BC tackle the "Seven Summits Challenge."

Together we will track our progress as we climb towards our goal of 42.500 metres!

Do your part – come climb as much as possible – and help us reach the highest points on each continent!

Donations will be collected to support Sport Climbing BC.

Scorecards by Donation







Please check the website for exact times and local details!

WWW.SPORTCLIMBINGBC.CA

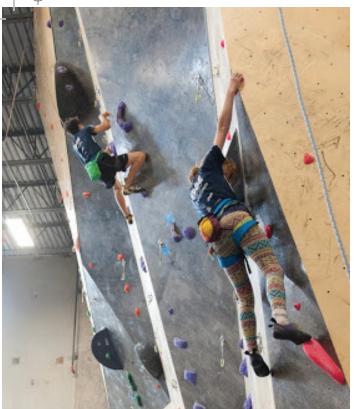












DISCOVER WHAT CLIMBING IS ALL ABOUT

Climbing is more than just physical exercise; it works wonders for the mind, it brings people together, and for many, it becomes an incredibly fulfilling lifelong pursuit.

CLIMBING IS FOR BC

Climbing Day in BC provides participants the opportunity to learn the basics of climbing in any one of BC's many local climbing gyms!



Niss

C C A S T A L

SFU#

RECREATION

THE ROCK GARDEN

BRENTWOOD

gneiss climbing



























SCBC'S **INAUGURAL PROVINCE-WIDE CLIMBING DAY**

Climbing Day in BC is your chance to experience and explore climbing! Climb with us on Oct 25th, 2019 as we celebrate the joy of movement, the thrill of challenge and the success of making it to the top!

CLIMBING DAY IN BC

OCTOBER 25, 2019

A fun introduction to climbing!







